

Staff Assistance Services Procedure

Section 1 - Purpose and Objectives

(1) This Procedure enacts the Staff Assistance Services Policy.

Section 2 - Definitions, Terms, Acronyms

| Term | Definition | |
|------|---------------------------------|--|
| EAP | Employee Assistance Program | |
| UQHS | the University's Health Service | |

Section 3 - Procedure Scope/Coverage

(2) This Procedure applies to all University staff.

Section 4 - Procedure Statement

(3) This Procedure lists the University's current staff assistance services and the contact details of the service providers.

Section 5 - Directory of Services and Providers

| Issue or concern | Examples of issue or concern | Provider |
|---|---|---|
| Personal and/or work- related issues or concerns | relationships work/life balance anxiety, stress and depression career bereavement, grief and loss conflict improving communication drug, alcohol and addictions legal and financial issues coping with change parenting | Employee Assistance Program (EAP) This service is available to all UQ staff and their immediate family. |

| Issue or concern | Examples of issue or concern | Provider |
|--|--|--|
| Discrimination, harassment and bullying | Discrimination or harassment - on the basis of sex, sexuality, gender identity, lawful sexual activity, relationship status, parental status, family responsibilities, pregnancy, breastfeeding, age, race, impairment, religious belief or non-belief or activity, trade union activity or associated with a person identified by one of the above grounds. Bullying - repeated less favourable treatment of a person by another or others in the workplace, which may be considered unreasonable and inappropriate workplace practice. It includes behaviour that intimidates, offends, degrades or humiliates. | Discrimination and Harassment Contact Officers Workplace Diversity and Inclusion, Human Resources Division Phone: 07 3356 6253 (ext. 66253) or 07 3346 0402 (ext. 60402) Employee Relations Unit, Human Resources Division Contact Human Resources Division reception Phone: 07 3365 2055 (ext: 52055) |
| Workplace issues or concerns | workload pressures interpersonal difficulties in the workplace organisational change and restructuring productivity and communication grievances mental health issues/concerns | Workplace Psychologist, Workplace Relations, Human Resources Division Employee Assistance Program (EAP) |
| Health or medical issues | sudden illness or accidents at work advice on work-related health problems (e.g. noise-induced hearing loss, sun exposure) or the interaction between health and work preventive health care and health promotion activities advice concerning (and vaccination to prevent) occupational infection e.g. tetanus, hepatitis B, Q fever and diseases associated with international travel counselling and referral for work related or personal problems | UQ Health Care (UQHC) Occupational Health Nurse Advisor 07 3365 6925 (ext: 56925) or ohna@uq.edu.au |
| Workers' Compensation claims and rehabilitation programs | Workers' Compensation claims and payments assistance with medical and rehabilitation programs in the workplace guidance for ergonomics and workplace health and safety | Work Injury Management Team Ergonomics and Rehabilitation Advisor 07 3365 2365 (ext: 52365) or <u>hsw@uq.edu.au</u> |
| Pastoral or ethical concerns | personal, family, religious or spiritual difficulties marriage counselling | Chaplaincy Services |
| Sexual harassment | • any form of sexual conduct that is unwelcome, uninvited, and unwarranted | Discrimination and Harassment Contact Officers Employee Relations Unit, Human Resources Division Contact Human Resources Division reception Phone: 07 3365 2055 (ext: 52055) Workplace Diversity and Inclusion, Human Resources Division Phone: 07 3356 6253 (ext. 66253) or 07 3346 0402 (ext. 60402) |

Status and Details

| Status | Current |
|--------------------|---|
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| Policy Owner | Phil Vaughan Chief Human Resources Officer |
| Enquiries Contact | Human Resources Division |